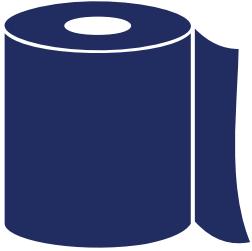


basic



needs



What do Affordable Housing and Toilet Paper Have in Common?



It's an odd question, but they are related in many ways. There are many families in Greensboro that are "rent burdened." When you spend most of your paycheck for your rent, you are "rent burdened." This means that you can not buy **Basic Needs** like toilet paper. I know what you are thinking, "Well, what about food stamps?" EBT cards (formerly food stamps) are just for food - They DO NOT include:

- | | | | |
|---------------------|----------------|-----------|--------------------------|
| • Toilet Paper | • Toothbrushes | • Diapers | • Feminine hygiene items |
| • Paper Towels | • Toothpaste | • Wipes | • Deodorant |
| • Laundry Detergent | • Soap | • Shampoo | • Cleaning Supplies |

And we all know that all of these items are Basic Needs.

Listen to Lily, a client of Greensboro Housing Coalition:

"Each month after I paid the rent I barely had enough money for food much less anything else. I would ask neighbors if I could have some toilet paper - not a whole roll - just enough to wrap around your hand a few times." Lily bows her head as she makes a rotating motion with her hands, "you forget about embarrassment and you forget about pride when you are that far down."

Housing is a basic need, but so is toilet paper.

How can you help? There are two ways:
You can bring Basic Needs items to our office at
Suite 214 North Elm Street and we will distribute
them to our clients and clients of partner agencies.

Or you can become a.....



BASIC NEEDS SUSTAINER

For \$5 or \$10 a month you can help Greensboro Housing Coalition get Basic Needs to the "rent burdened" families that need them. Or, go to our website and sign up to be a sustainer.

www.gsohc.org

When you sign up to become a sustainer we will send you our GHC Basic Needs shopping bag as a gift and a reminder that you are helping so many people - like **Lily**.

Through your donation you can help other families and children. Visit our website at gsohc.org and sign up to be a sustainer. --\$5 a month will buy 3 Basic Needs items --\$10 a month will buy 5 Basic Needs items --\$15 a month will buy 10 Basic Needs items or if you prefer:

Please charge my Visa ____ Mastercard ____ AMEX ____

Cardholder's Name _____

Card Number _____

Expires: ____ / ____ CVV: _____ Zip Code: _____



I Want to Help,
Make Me a
Monthly Sustainer

If you would rather, you can call 336-691-9521 and speak with Jane Kistler, she can take your credit card information on the phone and send you an instant receipt either by text or email.